Lesson Plan Framework – Lesson Plans

**Lesson 1:** Introduction (fully developed)

**Outcomes:** Art Education

CP3.1 - Generate a variety of alternatives and solutions in movement explorations (improvisation) using the environment (e.g., natural, constructed, imagined) as stimuli.

**Learning Plans:**

* Circle Talk/discussion about movement – using stoplight tool
* Stretch and practice moving (following teacher)
* Freeze dance – guided (pre-assessment)

**Lesson 2:** Movement through English (fully developed)

**Outcomes:** Art Education

CP3.1 - Generate a variety of alternatives and solutions in movement explorations (improvisation) using the environment (e.g., natural, constructed, imagined) as stimuli.

English Language Arts

CR3.2 – View and respond to grade-appropriate visual and multimedia texts (including videos, cartoons, illustrations, diagrams, charts, maps, and posters) explaining reactions and connections as well as visual features that convey humour, emotion, and mood.

**Learning Plans:**

* Watch Giraffes Can’t Dance
* Think-pair-share
* Handout choices – different options for sheets
* Talk and make guidelines together for dancing in the art room
* Music choices exit slip

**Lesson 3:** Learning about Cultural Dances (3 parts)

**Outcomes:** Art Education

CP3.1 - Generate a variety of alternatives and solutions in movement explorations (improvisation) using the environment (e.g., natural, constructed, imagined) as stimuli.

English Language Arts

CR3.2 – View and respond to grade-appropriate visual and multimedia texts (including videos, cartoons, illustrations, diagrams, charts, maps, and posters) explaining reactions and connections as well as visual features that convey humour, emotion, and mood.

**Learning Plans:**

Part 1:

* Powerpoint presentation – videos about cultural dances
* Explain research of dances project
* Organize groups and fill out beginning sheet deciding their dance to research
* Exit slip – other cultural dances they want to learn about, know, etc

Part 2:

* Quick instructions
* Have groups find get one laptop
* Hand out websites to use for each group (guiding their internet searches)
* Hand out good copy of sheet
* Work time

Part 3:

* Finish good copy sheet
* If done, other assignments in duotang
* Work on dance move
* Go to gym and share dance move

**Lesson 4:** Beginning to Move

**Outcomes:** Arts Education

CP3.1 - Generate a variety of alternatives and solutions in movement explorations (improvisation) using the environment (e.g., natural, constructed, imagined) as stimuli.

CP3.2 - Create dance phrases and sequences that demonstrate understanding of the elements of dance including:

* actions (five basic jumps)
* body (zones and areas)
* dynamics (extremes of speed, duration, varying forces)
* relationships (range)
* space (create and recall combinations of pathways and directions).

**Learning Plans:**

* DR. BEST – D and B
* Warm up and stretch
* Teach/review basic moves (5 jumps)
* Model/demonstrate all with the children
* Cycle through stations of practicing these jumps

**Lesson 5:** Moving

**Outcomes:** Arts Education

CP3.2 - Create dance phrases and sequences that demonstrate understanding of the elements of dance including:

* actions (five basic jumps)
* body (zones and areas)
* dynamics (extremes of speed, duration, varying forces)
* relationships (range)
* space (create and recall combinations of pathways and directions).

Physical Education

PE3.6 - to increase complex movement skills and sequences while participating in body management activities (including dance and educational gymnastics, and others such as yoga,

**Learning Plans:** Art room

* DR. BEST - relationships
* Build upon D and B
* Warm up together
* Activity 1: Moving and feelings – use emoji cards – dance with different emotions
* Activity 2: Mirroring activity with a partner. Guided then freedom to move
* Activity 3: Rock, paper, scissors, prompts game
* Clean up and deep, slow breathing and head back to class

**Lesson 6:** Music and Rhythm

**Outcomes:**

CP3.1 - Generate a variety of alternatives and solutions in movement explorations (improvisation) using the environment (e.g., natural, constructed, imagined) as stimuli.

CP3.2 - Create dance phrases and sequences that demonstrate understanding of the elements of dance including:

* actions (five basic jumps)
* body (zones and areas)
* dynamics (extremes of speed, duration, varying forces)
* relationships (range)
* space (create and recall combinations of pathways and directions).

**Learning Plans:**

* Review DR. BEST
* Add space and time
* Go through different aspects of each
* Activity 1: Music and drawing – play music and draw how it makes you feel
* Activity 2: making our own music – example using symbols
* Practice example together in different speeds
* Go into partners or alone and create their own rhythm and music and practice
* Have groups show what they made
* End by putting sheets away in duo-tangs

**Lesson 7:** Let’s Dance Together

**Outcomes:** Arts Education

CP3.2 - Create dance phrases and sequences that demonstrate understanding of the elements of dance including:

* actions (five basic jumps)
* body (zones and areas)
* dynamics (extremes of speed, duration, varying forces)
* relationships (range)
* space (create and recall combinations of pathways and directions).

**Learning Plans:**

* DR. BEST review
* Focus on energy
* Learn seven dance moves together
* Create dance routine together
* Practice to different songs
* Bumblebee breathing

**Lesson 8:** Creating Dance Routines – part 1

**Outcomes:** Arts Education

CP3.2 - Create dance phrases and sequences that demonstrate understanding of the elements of dance including:

* actions (five basic jumps)
* body (zones and areas)
* dynamics (extremes of speed, duration, varying forces)
* relationships (range)
* space (create and recall combinations of pathways and directions).

**Learning Plans:** short lesson

* Split into teacher chosen groups
* Hand out song choice song
* Have groups agree on a song
* Start to discuss what their dance is going to be life

**Lesson 8:** Practice – 2 parts

**Outcomes:** Arts Education

CP3.2 - Create dance phrases and sequences that demonstrate understanding of the elements of dance including:

* actions (five basic jumps)
* body (zones and areas)
* dynamics (extremes of speed, duration, varying forces)
* relationships (range)
* space (create and recall combinations of pathways and directions).

**Learning Plans:**

* Practice period
* Answer any questions
* Go to each group and help
* Each group has a laptop for music

**Lesson 9:** Showtime! (fully developed)

**Outcomes:** Arts Education

CP3.2 - Create dance phrases and sequences that demonstrate understanding of the elements of dance including:

* actions (five basic jumps)
* body (zones and areas)
* dynamics (extremes of speed, duration, varying forces)
* relationships (range)
* space (create and recall combinations of pathways and directions).

**Learning Plans:**

* Watch group videos/perform dances
* Self evaluation
* Exit slip: What did you enjoy the most about this movement unit? What was two things you learned?